



# Prayer & Fasting

Jan 8-28, 2024

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**SCHEDULE**

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# THE SOAP METHOD

## **What Is SOAP?**

SOAP is an acronym to help you study God's word. It is one thing to read God's word, it's another to study it and interact with it. These 4 steps will help you take passages of the Bible and meditate on them daily and learn something from each of them. Over the next 21 days we will all participate in the SOAP method through prayer and fasting. After each letter of the acronym, write down some thoughts, notes, prayers, etc. Take your time & allow God to speak to you, show you, and help you.

## **S - SCRIPTURE**

The "S" stands for scripture (or portions of scriptures). Write down the Bible passage provided, or verse of your choosing whenever there are multiple.

## **O - OBSERVATION**

The "O" is your observation of that verse, or how God is bringing light to that verse for you. What stands out for you?

## **A - APPLICATION**

The "A" is the application of the scriptures to your life, as the Holy Spirit leads. How can you make a difference in this area? What action will you take?

## **P - PRAYER**

And "P" stands for prayer. Take a moment and write out a prayer as it relates to what God has shown you that day.

# 21 DAYS OF PRAYER & FASTING

Day 1	Jan 8	The Great Commission
Day 2	Jan 9	Our Nation/Government
Day 3	Jan 10	't Gooi & Your City
Day 4	Jan 11	Our Church: unity
Day 5	Jan 12	Our Church: our building
Day 6	Jan 13	Teams & Elders serving ICTG
Day 7	Jan 14	Our Mission & Vision
Day 8	Jan 15	Church Discipleship & Spiritual Formation
Day 9	Jan 16	Home Groups
Day 10	Jan 17	All the ministries of ICTG
Day 11	Jan 18	Outreach/Acts of Kindness
Day 12	Jan 19	Marriages & Families
Day 13	Jan 20	Unsaved Family & Friends
Day 14	Jan 21	Relationships/Singles
Day 15	Jan 22	Youth: Brave & Grow
Day 16	Jan 23	Children: Kids & Garden Girls
Day 17	Jan 24	Ministry of the Holy Spirit
Day 18	Jan 25	Financial Needs
Day 19	Jan 26	Injustice in the World (hunger, poverty, war)
Day 20	Jan 27	Healing: personal & others (body, mind & soul)
Day 21	Jan 28	Personal Requests, Growth & Breakthrough



# THE GREAT COMMISSION

Matthew 28:16-20 (NIV)

The Great Commission is one of the most important and final assignments Jesus gave us after His resurrection before He returned to heaven, which is why we refer to it as the Great Commission. The Great Commission is the foundation of why we do evangelism and missions in our church.

<p><b>S   SCRIPTURE:</b> write down the Bible passage</p>
<p><b>O   OBSERVATION:</b> what stands out for me?</p>
<p><b>A   APPLICATION:</b> what action will I take?</p>
<p><b>P   PRAYER:</b> this is my prayer today...</p>

Day

2

Jan 9

# OUR NATION/ GOVERNMENT

1 Timothy 2:1-4 (NIV)

In 1 Timothy 2:1-4, God commands us to pray for everyone, including our government, as it's good and pleases Him. He desires societies where people live peacefully and godly lives, coming to know Jesus for salvation.

**S | SCRIPTURE:** write down the Bible passage

**O | OBSERVATION:** what stands out for me?

**A | APPLICATION:** what action will I take?

**P | PRAYER:** this is my prayer today...

Day  
**3**  
Jan 10

# 'T GOOI & YOUR CITY

Jeremiah 29:7 (NIV)

Our cities are full of people, full of needs, and bursting with opportunity. The United Nations estimates that 60% of the world's population will live in cities by 2030. Urban churches have the world on our doorstep. But if we want to see God work in our cities and through our churches, we need to pray.

**S | SCRIPTURE:** write down the Bible passage

**O | OBSERVATION:** what stands out for me?

**A | APPLICATION:** what action will I take?

**P | PRAYER:** this is my prayer today...

Day

4

Jan 11

# OUR CHURCH: UNITY

Ephesians 4:2-3 (NIV)

Jesus prayed for the church to be united, revealing His mission and love to the world. Unity is crucial for God's transformative work and fulfilling His vision for the church.

**S | SCRIPTURE:** write down the Bible passage

**O | OBSERVATION:** what stands out for me?

**A | APPLICATION:** what action will I take?

**P | PRAYER:** this is my prayer today...



Day

5

Jan 12

# OUR CHURCH: OUR BUILDING

Ephesians 2:21-22 (NIV)

It's great we have a new temporary place to meet and we're looking forward to our own permanent building, but we have to keep in mind we are building with and investing in living stones and we're all joined in Jesus!

**S | SCRIPTURE:** write down the Bible passage

**O | OBSERVATION:** what stands out for me?

**A | APPLICATION:** what action will I take?

**P | PRAYER:** this is my prayer today...



Day  
**6**  
Jan 13

# TEAMS AND ELDERS SERVING ICTG

1 Peter 4:10 (NIV)

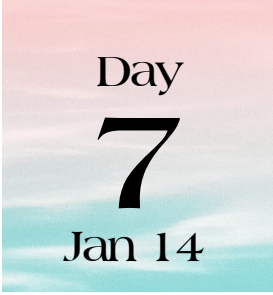
Praying for teamwork and collaboration holds numerous benefits for individuals and teams alike. By seeking divine guidance and inviting God into the process, prayer can create unity of mind and foster mutual respect among team members. Please also pray for wisdom for the elders and all leaders in church.

**S | SCRIPTURE:** write down the Bible passage

**O | OBSERVATION:** what stands out for me?

**A | APPLICATION:** what action will I take?

**P | PRAYER:** this is my prayer today...



# OUR MISSION & VISION

ISAIAH 54:2-3 (NIV)

In the Garden we are rooted in Jesus Christ, grow in our faith, flourish in life and are fruitful to bless the world around us. Mission: To create a Jesus centered church, share the gospel and bless the city and world around us.

<b>S   SCRIPTURE:</b> write down the Bible passage
<b>O   OBSERVATION:</b> what stands out for me?
<b>A   APPLICATION:</b> what action will I take?
<b>P   PRAYER:</b> this is my prayer today...

Day  
**8**  
Jan 15

# CHURCH DISCIPLESHIP & SPIRITUAL FORMATION

Colossians 1:28-29 (NIV)

Discipleship is important because we aim to experience spiritual maturity. We want you to discover the richness of your life in Christ and be equipped to pass it on to others. So let's take the time today to pray for effective discipleship.

**S | SCRIPTURE:** write down the Bible passage

**O | OBSERVATION:** what stands out for me?

**A | APPLICATION:** what action will I take?

**P | PRAYER:** this is my prayer today...

Day  
**9**  
Jan 16

# HOME GROUPS

Ecclesiastes 4:12 (NIV)

Our Home Groups unite people for discipleship, Bible studies, and social gatherings, encouraging close friendships, support networks, and personal spiritual growth.

**S | SCRIPTURE:** write down the Bible passage

**O | OBSERVATION:** what stands out for me?

**A | APPLICATION:** what action will I take?

**P | PRAYER:** this is my prayer today...

Day  
**10**  
Jan 17

# ALL THE MINISTRIES OF ICTG

1 Peter 4:10-11/1 Corinthians 12:4-8 (NIV)

Paul describes diverse spiritual gifts for Christians, empowering believers to serve one another. These gifts, bestowed by the same Spirit under the authority of one Lord, unite Christians in serving, building the church, and glorifying God.

**S | SCRIPTURE:** write down the Bible verse of your choosing

**O | OBSERVATION:** what stands out for me?

**A | APPLICATION:** what action will I take?

**P | PRAYER:** this is my prayer today...

Day

11

Jan 18

# OUTREACH/ACTS OF KINDNESS

Matthew 25:35-36 (NIV)

Jesus emphasizes that whatever we do for the least of these, we do unto Him. Acts of kindness align with the biblical principles of loving one's neighbor, reflecting God's love and compassion through practical actions.

**S | SCRIPTURE:** write down the Bible passage

**O | OBSERVATION:** what stands out for me?

**A | APPLICATION:** what action will I take?

**P | PRAYER:** this is my prayer today...

Day  
**12**  
Jan 19

# MARRIAGES & FAMILIES

Ecclesiastes 4:12/Ephesians 5:21-33/ Ephesians 6:1-4 (NIV)

There is strength and resilience that comes when a husband and wife are joined together with God as the third, unifying strand in their relationship. The Bible emphasizes the importance of family as the cornerstone because it reflects God's design for human relationships and society. The concept of family is rooted in the creation narrative in Genesis, where God establishes the family unit with Adam and Eve.

**S | SCRIPTURE:** write down the Bible verse of your choosing

**O | OBSERVATION:** what stands out for me?

**A | APPLICATION:** what action will I take?

**P | PRAYER:** this is my prayer today...

Day

13

Jan 20

# UNSAVED FAMILY & FRIENDS

John 3:16 (NIV)

Probably the most quoted verse in the Bible. Pray it over your unsaved friends and family and speak to them about Love (=God) and everlasting life (= for them).

**S | SCRIPTURE:** write down the Bible passage

**O | OBSERVATION:** what stands out for me?

**A | APPLICATION:** what action will I take?

**P | PRAYER:** this is my prayer today...



Day

14

Jan 21

# RELATIONSHIPS/ SINGLES

Proverbs 18:24 (NIV)

There is value of true, steadfast friendships. A loyal friend can provide support and companionship even in challenging times. Jesus wants to be your closest friend. (John 15:15)

**S | SCRIPTURE:** write down the Bible passage

**O | OBSERVATION:** what stands out for me?

**A | APPLICATION:** what action will I take?

**P | PRAYER:** this is my prayer today...

Day

15

Jan 22

# YOUTH: BRAVE & GROW

1 Timothy 4:12 (NIV)

The youth is important to God. It is a time when they are able to learn and grow in our their faith which can lay a strong foundation that will last throughout their lifetimes. Let's take the time to pray for them today.

**S | SCRIPTURE:** write down the Bible passage

**O | OBSERVATION:** what stands out for me?

**A | APPLICATION:** what action will I take?

**P | PRAYER:** this is my prayer today...

Day

16

Jan 23

# CHILDREN: KIDS & GARDEN GIRLS

Proverbs 22:6/Mark 10:14-16 (NIV)

Jesus expressed love for little children, because of their innocence, trust, and humility. He used children as an example of the kind of faith required to enter the Kingdom of God. Their simplicity and openness to God's love resonate with Jesus' teachings, highlighting the importance of childlike faith and the inclusivity of God's love for all, regardless of age or status.

**S | SCRIPTURE:** write down the Bible verse of your choosing

**O | OBSERVATION:** what stands out for me?

**A | APPLICATION:** what action will I take?

**P | PRAYER:** this is my prayer today...

Day

17

Jan 24

# MINISTRY OF THE HOLY SPIRIT

John 16:12-13 (NIV)

The Holy Spirit lives in you and He wants to help you and guide you. Pray to Jesus He will help you, you will hear His voice and understand His promptings. The closer you stay in the Word the more you will receive from the Holy Spirit.

**S | SCRIPTURE:** write down the Bible passage

**O | OBSERVATION:** what stands out for me?

**A | APPLICATION:** what action will I take?

**P | PRAYER:** this is my prayer today...

Day

18

Jan 25

# FINANCIAL NEEDS

Philippians 4:19/Matthew 6:26 (NIV)

We tend to worry about our finances; Instead of worry,..... Pray! and know God is bigger than your finances and Jesus promises to take care of you.

**S | SCRIPTURE:** write down the Bible verse of your choosing

**O | OBSERVATION:** what stands out for me?

**A | APPLICATION:** what action will I take?

**P | PRAYER:** this is my prayer today...

Day  
**19**  
Jan 26

# INJUSTICE IN THE WORLD (HUNGER, POVERTY, WAR)

Micah 6:8 [NIV]

This verse emphasizes the importance of practicing justice, showing compassion and mercy, and maintaining humility in one's relationship with God. May we align our lives with God's righteous living.

**S | SCRIPTURE:** write down the Bible passage

**O | OBSERVATION:** what stands out for me?

**A | APPLICATION:** what action will I take?

**P | PRAYER:** this is my prayer today...

Day  
**20**  
Jan 27

# HEALING: PERSONAL & OTHERS (BODY, MIND & SOUL)

James 5:13-16 (NIV)

Our prayer is powerful and our God is above every sickness and situation. Just remember He is sovereign in his timing (Ephessians 2:4-5) and it is only by His grace we're saved. Our part is to pray, God can and will perform miracles here or in Heaven.

**S | SCRIPTURE:** write down the Bible passage

**O | OBSERVATION:** what stands out for me?

**A | APPLICATION:** what action will I take?

**P | PRAYER:** this is my prayer today...

Day  
**21**  
Jan 28

# PERSONAL REQUESTS, GROWTH & BREAKTHROUGH

Hebrews 4:12 (NIV)

Pray for the personal breakthrough you need in your life, and base yourself on the Word of God as it is powerful and discerning. Remember the Word was and is Jesus. Pray His Word over your needs!

**S | SCRIPTURE:** write down the Bible passage

**O | OBSERVATION:** what stands out for me?

**A | APPLICATION:** what action will I take?

**P | PRAYER:** this is my prayer today...